

Food and Cuisine

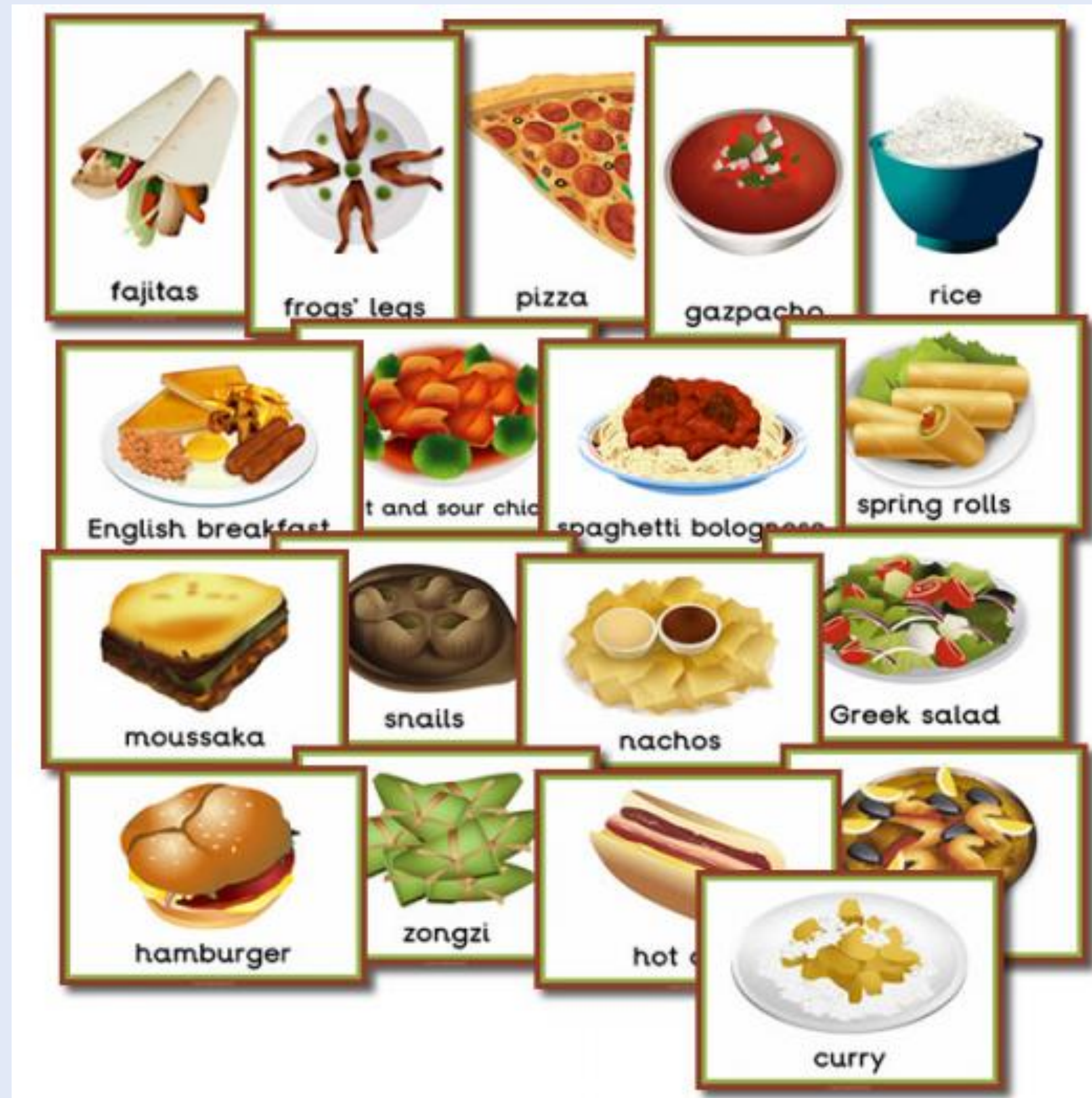
Online English conversation practice



Like, totally.
I love burritos.



1.) What in your opinion is the best foreign cuisine ?



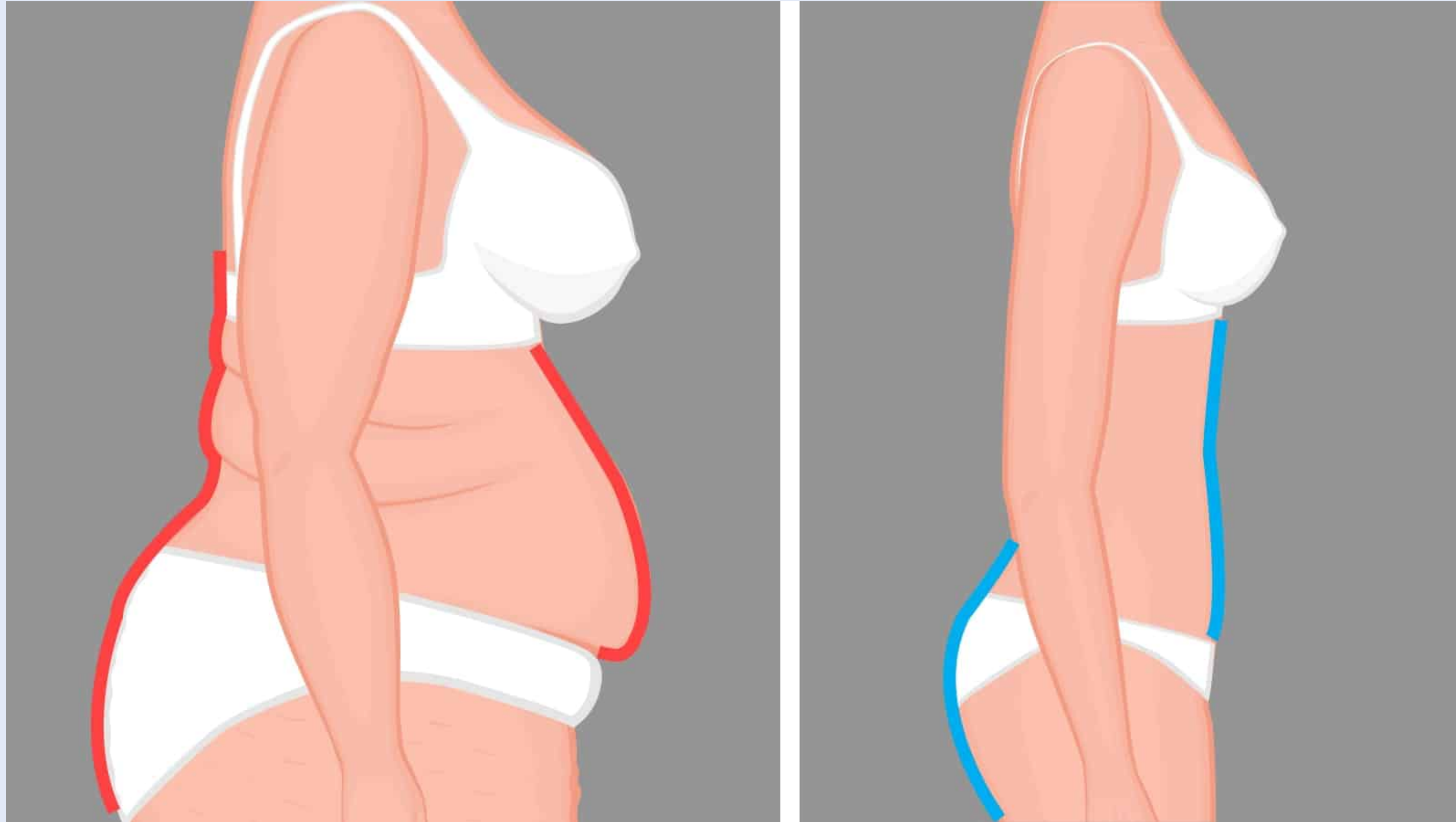
2.) Eat out or cook at home?



3) Do you consider yourself a healthy eater? Would you buy organic?



4) Have you ever dieted?



6) What's the longest you've ever gone without eating?



7) Do you or have you ever grown your own food?



8) Do you ever look at the nutrition label ?

Directions: Get into groups of 2 or 3 students. Work together to answer these questions.

Post Shredded Wheat, Original, Spoon Size

Reference URL from <http://www.gardenofeatin.com/recipes/recipes/52227.html>

Nutrition Facts

Serving Size: 1 cup (49g)

Amount Per Serving

Calories 170 Calories from Fat 10

% Daily Value*

Total Fat 1 g 2%

Saturated Fat 0 g 0%

Trans Fat 0 g

Cholesterol 0 mg 0%

Sodium 0 mg 0%

Potassium

Total Carbohydrate 40 g 13%

Dietary Fiber 6 g 24%

Sugars 0 g

Sugar Alcohols

Protein 6 g

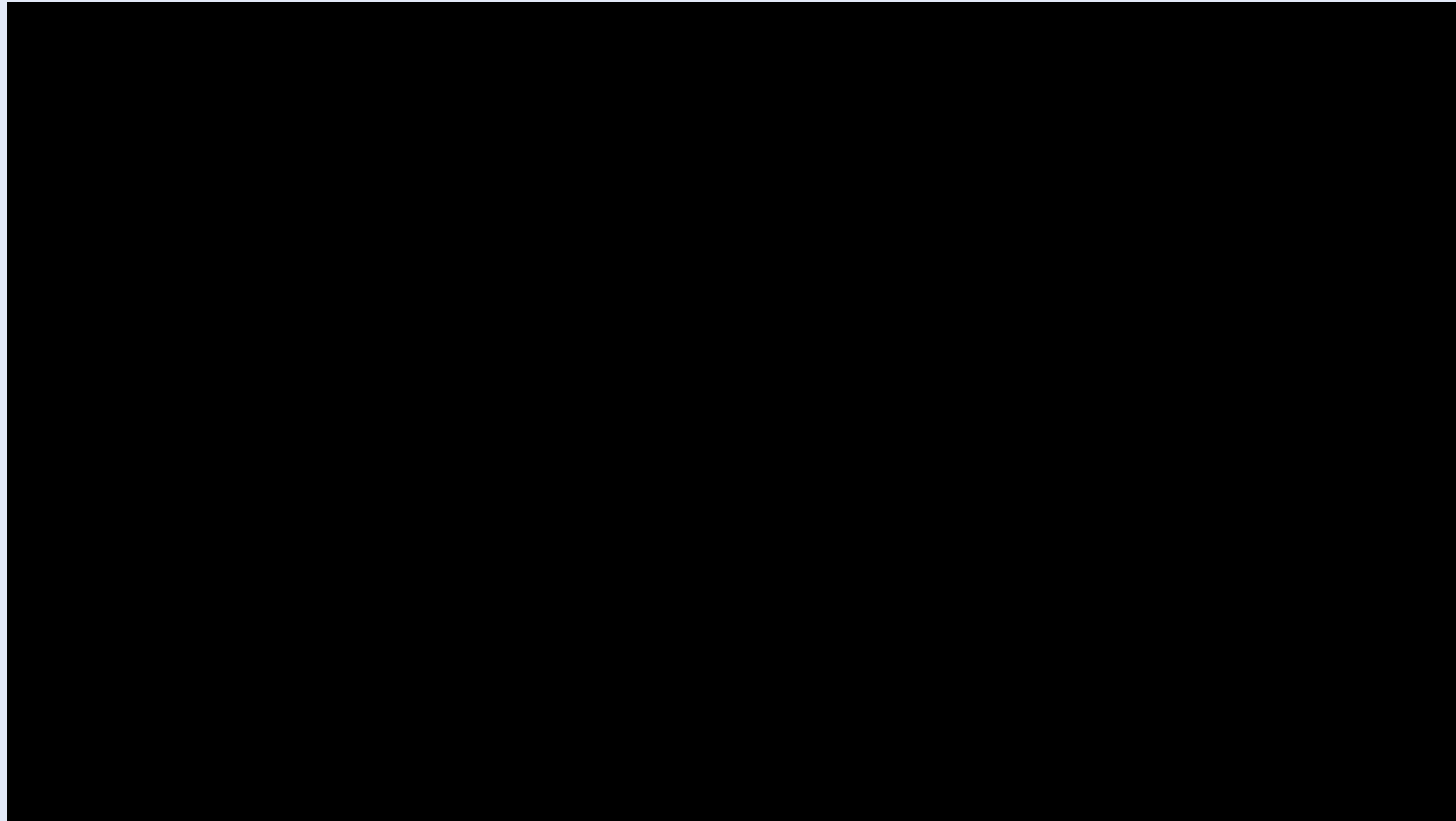
Vitamin A 0 IU 0%

Vitamin C 0 mg 0%

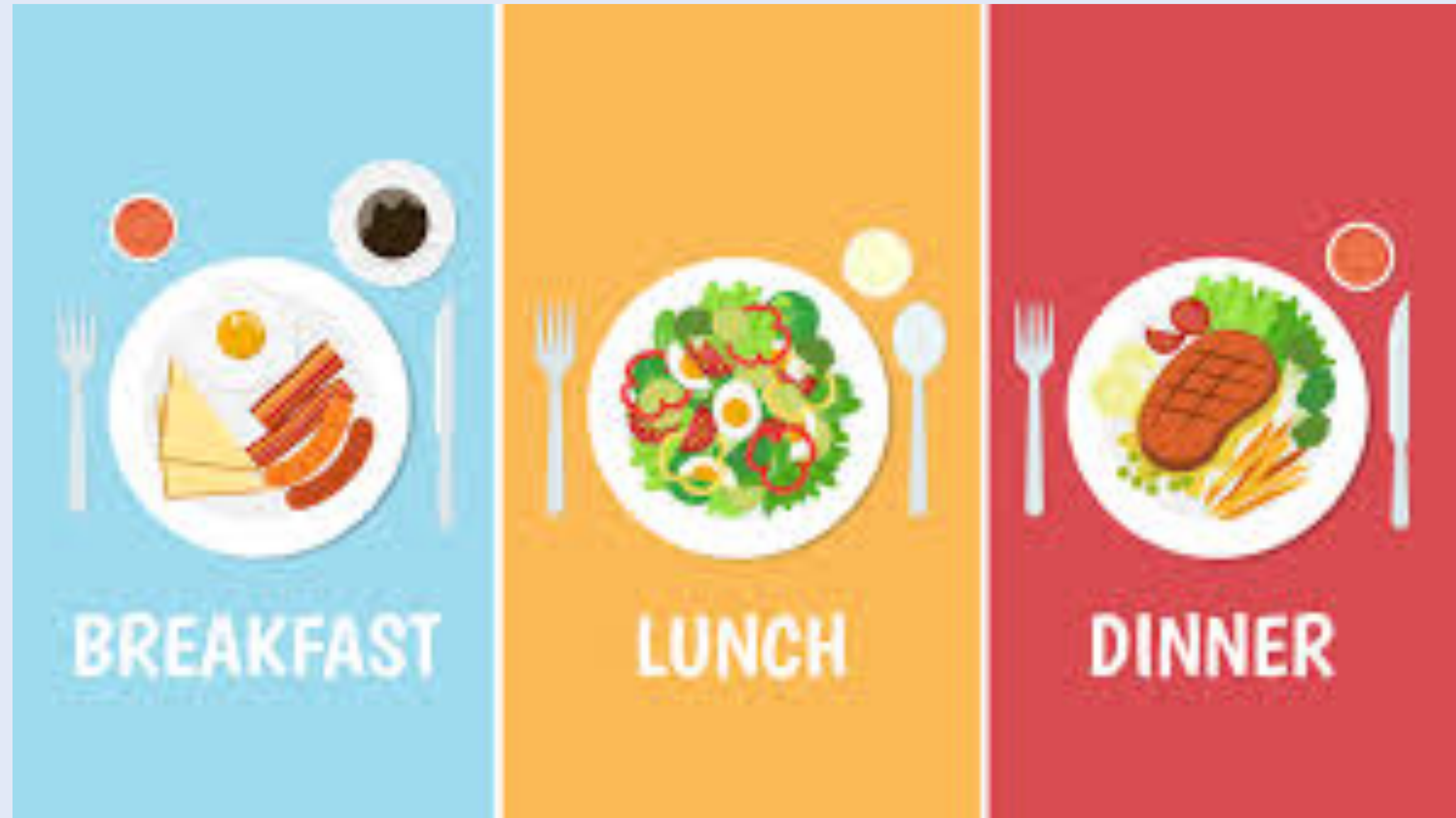
Calcium 20 mg 2%

Iron 1.08 mg 6%

**9) You you shop fresh (in season)?
Or not important ?**



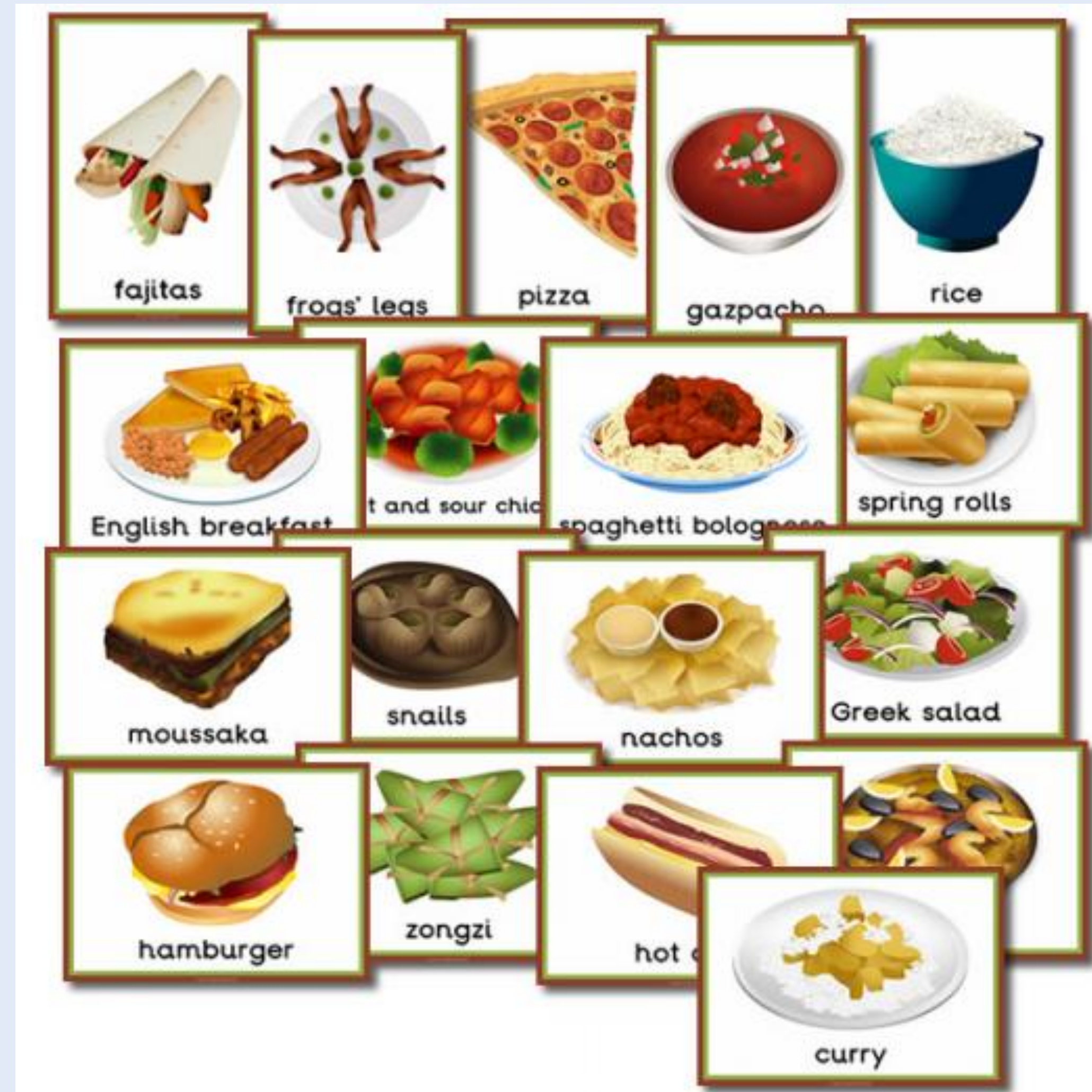
10) Do you eat three square meals a day or skip some?



11) Do you drink alcohol ?



12) What's your favorite dish?



13) What is one food you hate?



**14) Can you cook?
If so, what can you make?**



15) What kind of of restaurants do you like to go to in your area?



16) What's your favorite holiday/festival food?



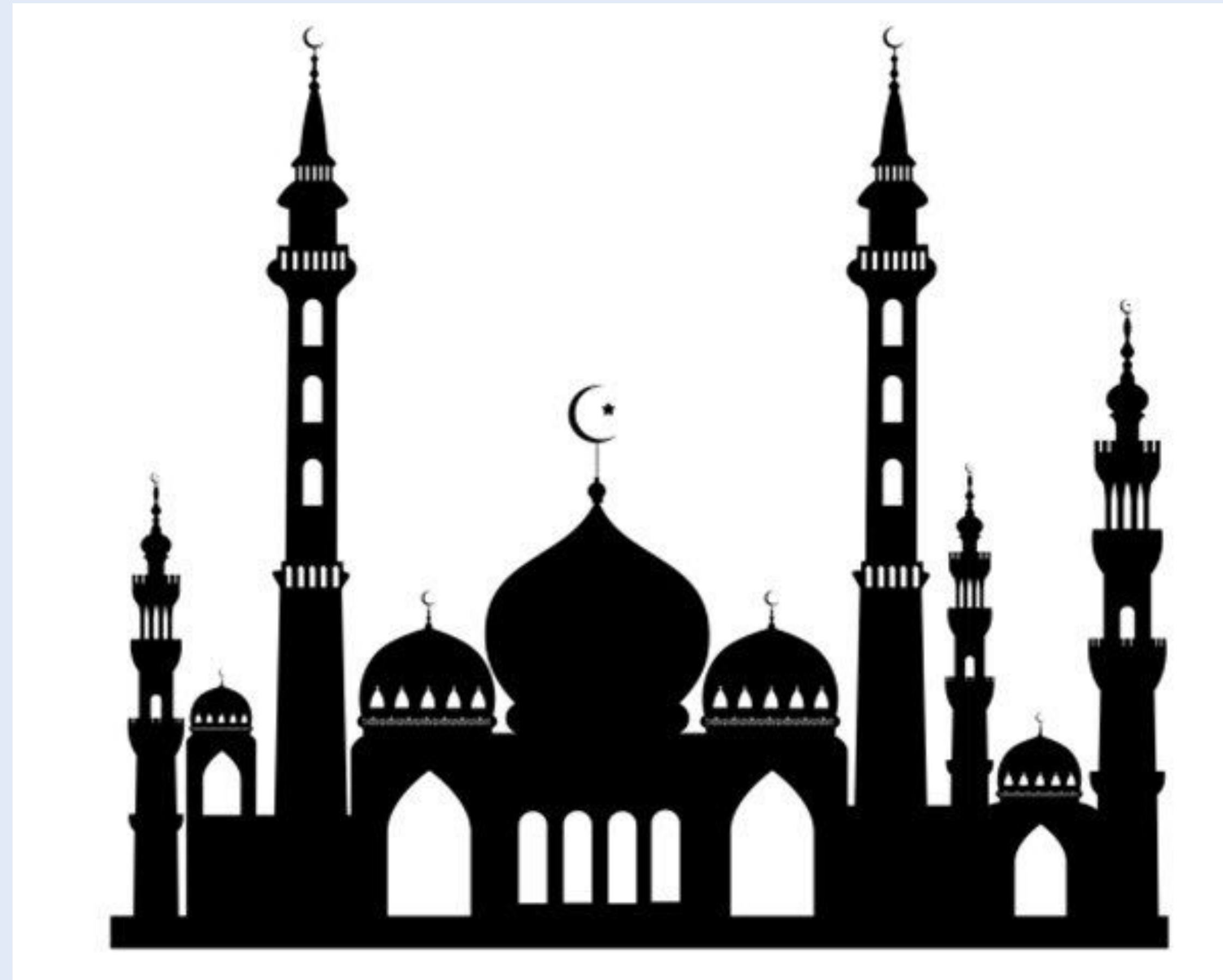
17) Do you choose the restaurant or let others choose?



18) Have you ever entered or taken part in an eating challenge?



19) Do you follow any religious protocol? Eg: good Friday, Ramadan.



20) What's the strangest thing you've ever eaten?



21) Are you a fussy eater ?



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