

Seasons and Seasonal Activities

In this lesson, we'll dive into the fascinating world of seasons and the diverse activities associated with each.





Spring

The season between winter and summer, known for blooming flowers.

- 1 What flowers bloom in spring in your region?
- 2 How do you typically spend your spring weekends?
- 3 Are there any cultural celebrations related to spring in your country?

Sub Vocab: Weather cycles, climate changes, annual variations



Blossom

The flowering or budding of plants.

- 1 Which trees blossom during spring?
- 2 Do you have a favorite blossom you look forward to each year?
- 3 How does the blossoming of plants impact your mood?

Sub Vocab: Blossoms, rejuvenation, seasonal renewal, flowering, bud burst



Picnic

A meal eaten outdoors, usually in a park or countryside.

- 1 Is picnicking a popular activity in your community?
- 2 What foods do you enjoy bringing to a picnic?
- 3 Share a memorable picnic experience.

Sub Vocab: Alfresco dining, outdoor feast, communal meal

Warmth

A comfortable degree of heat.

- 1 How do you define the perfect warmth in weather?
- 2 What activities do you enjoy in warm weather?
- 3 How does warmth impact your mood and daily life?

Sub Vocab: Mildness, balmy, comfortable heat



Sunscreen

A lotion applied to the skin to protect it from the sun's harmful rays.

- 1 Do you use sunscreen regularly?
- 2 How do you choose the right sunscreen for your skin?
- 3 Share a sun safety tip you find useful.

Sub Vocab: UV protection, sunblock, skincare





Vacation

A period of time devoted to leisure and travel.

- 1 When is the most popular time for vacations in your country?
- 2 What's your ideal vacation destination, considering the season?
- 3 Share a memorable vacation experience.

Sub Vocab: Leisure time, break, holiday



Breeze

A gentle wind.

- 1 How does a cool breeze make you feel?
- 2 Where is your favorite place to enjoy a refreshing breeze?
- 3 Are there any sayings or proverbs about breezy weather in your culture?

Sub Vocab: Gust, zephyr, gentle wind

Thunderstorm

A storm with thunder and lightning.

- 1 How do people prepare for thunderstorms in your area?
- 2 Share a personal experience with a memorable thunderstorm.
- 3 Are there any cultural beliefs or traditions associated with thunderstorms?

Sub Vocab: Electrical storm, tempest, lightning and thunder



Cozy

Giving a feeling of comfort, warmth, and relaxation.

- 1 What makes a space feel cozy to you?
- 2 How do you create a cozy atmosphere at home during colder seasons?
- 3 Share a cozy activity you enjoy during the winter.

Sub Vocab: Snug, homey, warm and comforting





Crisp

Pleasantly firm and fresh.

1 What foods or fruits do you associate with a crisp texture?

2 How do you dress during crisp fall weather?

3 Describe a crisp morning or evening you've experienced.

Sub Vocab: Fresh, invigorating, biting cold

Harvest

The season when crops are gathered.

- 1 Which crops are typically harvested in your region?
- 2 Are there any festivals or traditions related to the harvest season?
- 3 How do people celebrate the abundance of the harvest?

Sub Vocab: Crop yield, gathering, reaping



Foliage

The leaves of a plant or tree, collectively.

1 What colors dominate the foliage in your area during autumn?

2 Share a scenic location with beautiful foliage.

3 How does the changing foliage impact tourism in your region?

Sub Vocab: Autumn leaves, leafage, colorful display

Bonfire

A large outdoor fire.

- 1 Have you ever attended a bonfire event?
- 2 What activities do people typically do around a bonfire?
- 3 Share a memorable bonfire experience.

Sub Vocab: Blaze, outdoor fire, pyre



Beach

A shoreline along a body of water.

- 1 Is the beach a popular destination in your area?
- 2 What activities do you enjoy at the beach during different seasons?
- 3 Share a favorite beach memory.

Sub Vocab: Seashore, coastal area, sandy coast



Skating

The activity of gliding on ice, typically using ice skates.

- 1 Is ice skating a common winter activity in your region?
- 2 Have you ever tried ice skating, and how did it go?
- 3 Share a story or memory related to ice skating.

Sub Vocab: Glide, figure skating, ice sport



Sub Vocabulary list

- **Bloom:** The appearance of flowers on a plant.
- **Renewal:** The action of extending the period of validity of something.
- **Revival:** The action or an instance of bringing something back to life, awareness, or activity.
- **Budding:** The stage of a plant's growth when its buds appear.
- **Flourish:** To grow or develop in a healthy or vigorous way.
- **Burst:** The moment when a flower opens.
- **Al Fresco:** In the open air.
- **Spread:** A selection of food and drink.
- **Blanket:** A large piece of fabric used for covering or wrapping.
- **Pleasant:** Giving a sense of happy satisfaction or enjoyment.
- **Mild:** Gentle or kind in nature.
- **Cozy:** A feeling of comfort, warmth, and relaxation.
- **UV Protection:** Protection from ultraviolet (UV) rays.
- **SPF:** Sun Protection Factor, a measure of a sunscreen's effectiveness.
- **Application:** The action of putting something into operation.
- **Leisure:** Free time for enjoyment or relaxation.
- **Destination:** The place to which someone or something is going.
- **Adventure:** An unusual and exciting or daring experience.
- **Zephyr:** A gentle, mild breeze.
- **Gust:** A brief, strong rush of wind.
- **Serene:** Calm, peaceful, and untroubled.
- **Lightning:** A natural electrical discharge in the atmosphere.
- **Torrential Rain:** Heavy, continuous rainfall.
- **Shelter:** A place giving protection from bad weather.
- **Snug:** Comfortably warm and well-protected.
- **Hygge:** A quality of coziness and comfortable conviviality.
- **Huddle:** To crowd together closely.
- **Brisk:** Refreshingly cool or invigorating.
- **Crunchy:** Firm and making a sharp sound when bitten or crushed.
- **Fresh:** Newly made or obtained.
- **Yield:** The quantity of crops produced.
- **Cultivate:** Prepare and use (land) for crops or gardening.
- **Bounty:** A large or plentiful amount of something.
- **Spectrum:** The variety of colors present in foliage.
- **Canopy:** An ornamental cloth covering hung or held up over something.
- **Rustic:** Characteristic of rural life; simple or plain.
- **Blaze:** A strong, hot, and steady fire.
- **Ember:** A small piece of burning or glowing coal or wood.
- **Pyre:** A pile or heap of combustible material, especially one for burning a corpse as part of a funeral ceremony.
- **Shoreline:** The line along which a large body of water meets the land.
- **Cove:** A small sheltered bay in the coastline.
- **Tide:** The alternate rising and falling of the sea.
- **Glide:** Move smoothly, continuously, and effortlessly.
- **Rink:** A large

Lesson's Questions

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